

THE MENTAL PATIENTS LAW.

(CAP. 120.)

MENTAL PATIENTS REGULATIONS.

32 *Gaz.* 279
32 *Gaz.* 425

1. These regulations may be cited as the Mental Patients Regulations, and are hereinafter referred to as "these regulations".

2. In these regulations, unless the context otherwise requires, the following expressions shall have the meanings respectively assigned to them, that is to say:—

"Attendants" means the persons appointed by the Governor to perform the duties of Attendants;

"Director" means the Director of Medical and Health Services and includes any officer performing for the time being the duties of the Director;

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"Law" means the Mental Patients Law, or any Law amending or substituted for the same;

"mental hospital" means the building, ground and other premises heretofore known as the Lunatic Asylum appointed to be a mental hospital by the Proclamation of the Governor dated the 1st day of May, 1932, and published under Notification No. 371 in the *Gazette* of the 6th May, 1932;

"Mental Nurses" means the persons appointed by the Governor to perform the duties of Mental Nurses;

"Medical Superintendent" means the medical officer in charge of the mental hospital;

"Occupational Therapist" means the person appointed by the Governor to perform the duties of Occupational Therapist;

"patient" means any mental patient or criminal mental patient confined in the mental hospital;

"Senior Attendant" means the person appointed by the Governor to perform the duties of Senior Attendant;

"Welfare Assistants" means the persons appointed by the Governor to perform the duties of Welfare Assistants.

Medical Superintendent.

3. The Medical Superintendent shall, subject to the control of the Director, have charge of all arrangements in the mental hospital.

4. The Medical Superintendent shall be responsible for the safe custody, general comfort, feeding, clothing and medical treatment of the patients, for the cleanliness and general administration of the mental hospital, the discipline of the patients and the staff therein and for the observance of these regulations.

5. The Medical Superintendent shall—

(a) visit the mental hospital every day and record his visit in a book kept for that purpose:

Provided that he shall be under no obligation to visit the mental hospital on Sundays and on public holidays unless he is called for urgent cases;

(b) during each visit see every patient confined to his cell or under restraint;

(c) pay surprise visits between 6 p.m. and 6 a.m. at least once in every month;

- (d) on admission of a patient to the mental hospital send a notification thereof to the Director, giving particulars of the condition of the patient and of the circumstances which occasioned his confinement therein ;
 - (e) submit, from time to time, to the Director the names of any patients other than criminal mental patients who in his opinion ought to be discharged from the mental hospital ;
 - (f) submit to the Director a quarterly report on any criminal mental patient who in his opinion is fit to be discharged from the mental hospital ;
 - (g) submit to the Director before the last day of January in every year a report in such form as the Director may direct on the working of the mental hospital and the general conditions prevailing therein during the year preceding such report.
6. The Medical Superintendent shall keep the following books and records in such form as the Director may from time to time direct :—
- (a) A Register of patients showing the name, date of admission, description of the disease, the date of the discharge from the mental hospital or of the death of any patient confined in the mental hospital ;
 - (b) A Register of property containing an inventory of all articles taken from any patient on his admission to the mental hospital ;
 - (c) An Inventory of the furniture in the mental hospital belonging to the Government ;
 - (d) A Day-book wherein to enter all occurrences other than the usual routine ordinary occurrences ;
 - (e) A Visiting Book showing the names of all relatives or friends of a patient visiting him in the mental hospital ;
 - (f) A Visitors' Book wherein the official visitors may enter any observations on the working of, and the conditions in, the mental hospital ;
 - (g) A Minute Book wherein the particulars of all meetings of the official visitors may be recorded.

Senior Attendant.

7. The Senior Attendant shall reside, if so ordered by the Director in the apartments provided for him in the mental hospital.

8.—(1) The Senior Attendant shall be responsible for the financial administration of the mental hospital.

(2) For the purposes of this regulation "financial administration" means :—

- (a) The provision of stores for the mental hospital and foodstuffs for the mental patients and staff ;
- (b) The proper keeping of books relating to the above ;
- (c) The keeping of books relating to patients' property ;
- (d) The keeping of a visiting book as in Regulation 6 (e) provided.

9. The Senior Attendant shall have supervision over the domestic staff such as cooks, cleaners, laundymistress and barber and shall be empowered to suspend in consultation with the Medical Superintendent any member of the domestic staff guilty of any misconduct or neglect of duty, subject to the approval of the Director, who may confirm or cancel the said suspension or give such directions in the matter as he may think fit.

10. The Senior Attendant shall be responsible to the Medical Superintendent for the proper running of the kitchen, barber's shop or any other premises which come under his jurisdiction.

11. The Senior Attendant shall carry out such duties as the Medical Superintendent may from time to time direct.

Mental Nurses.

12. The Mental Nurses shall reside, if so ordered by the Director, in the apartments provided for them in the mental hospital.

13. The Mental Nurses shall be directly responsible to the Medical Superintendent for the proper nursing, general care and supervision of the patients as well as for the general hygiene of the mental hospital.

14. The Mental Nurses shall keep books in which they will record any special occurrences relating to patients, also any form of treatment given to the patients.

15. The Mental Nurses shall have general supervision of all attendants and shall report to the Medical Superintendent any incident of misconduct or neglect of duty; and also shall submit from time to time reports concerning the progress and general conduct of all nursing staff.

16. They shall be responsible to the Medical Superintendent for the proper training of the staff such as lectures and clinical discussions.

17. They shall work in close co-operation with the officer in charge of the Occupational Therapy Department and exchange views as to the best lines of therapeutic approach and employment of patients.

Attendants.

18. The Attendants shall reside, if so ordered by the Director, in the mental hospital in apartments provided for them.

19. The Attendants shall be under the direct control of the mental nurses and shall carry out such duties as the mental nurses may from time to time direct.

20. Any Attendant in charge of any patient or on special duty must not leave his post until relieved.

21. No Attendant shall absent himself from the mental hospital without the permission of the mental nurses first obtained.

22. Attendants must on no account employ the slightest violence or make use of abusive language towards any patient.

23. A single Attendant shall not interfere with a refractory patient except for urgent reasons, but he shall call to his assistance another attendant or attendants so that the patient may be removed without resistance.

Occupational Therapist.

24. The Occupational Therapist will under the direction of the Medical Superintendent be responsible for the occupational and recreational therapy of the patients.

25. The Occupational Therapist shall have supervision, care and control over all patients entrusted to him during their occupational and recreational therapy.

26. The Occupational Therapist shall—

(a) keep proper records of the patients' behaviour while at work and shall submit to the Medical Superintendent brief monthly reports concerning all patients undergoing under his supervision, care and control occupational and recreational therapy; and

(b) keep proper books concerning all materials used in occupational therapy.

27. The Occupational Therapist shall refer to the Mental Nurse any patient who is taken ill during occupation.

28. All Welfare Assistants shall be responsible to the Occupational Therapist and any misconduct and neglect of duty on their behalf shall be reported to the Medical Superintendent. Reports shall be submitted to the Medical Superintendent from time to time concerning the progress of the staff under the Occupational Therapist's jurisdiction.

Visitors.

29. There may be appointed from time to time by the Governor three or more fit and proper persons to be visitors of the mental hospital (in these regulations referred to as "official visitors").

30.—(a) The official visitors shall constitute the Mental Hospital Board (hereinafter referred to as the "Board") with a Chairman appointed by the Governor from one of their number.

(b) In the absence of the Chairman the senior member present shall take the chair.

(c) Two official visitors together with the Chairman shall constitute a quorum for the purposes of any meeting of the Board.

31. The Board shall have the general supervision of the mental hospital and shall meet at the mental hospital once in each month, unless the Governor, on a resolution by the Board that less frequent meetings are sufficient, approves of less frequent meetings, not being less than four meetings in every year.

32. The Board shall arrange for visits to the mental hospital by one or more of the official visitors, not less frequent than once in every fortnight.

33. Every official visitor shall be at liberty to enter at all times the mental hospital and therein to make such enquiries on examination as to him shall appear necessary and may hear and if necessary investigate every complaint made to him respecting the food and treatment of the patients.

34. Every official visitor shall notify the Board of any abuse in connection with the food and treatment of patients and the Board shall bring the same to the knowledge of the Governor through the Colonial Secretary.

General.

35. An order for the discharge of a mental patient or a criminal mental patient under section 13 or 16 of the Law respectively and a permit under section 18 of the Law shall be in writing and shall contain full particulars of the terms and conditions upon which it is given. A copy of such order or permit shall be delivered to the mental patient concerned or to any person who has undertaken the charge of such mental patient or criminal mental patient.

36. The Director may from time to time direct that a fee not exceeding four shillings a day shall be charged and paid in respect of the maintenance of patients in the mental hospital :

Provided that the Director may in any particular case direct that a smaller or no fee shall be payable with respect to any patient who in his opinion is poor or unable to pay the full or any fee.